

FREE TRY OUT PASS

**FITNESS
CONFIDENCE
PROTECTION**



The pass holder is invited to attend a week of Ground Zero classes free of charge.

Train in a professional and friendly environment under a Gracie Brazilian Jiu Jitsu black belt. Beginners and advanced students welcome.

You can attend classes at Level 2, 373 Little Bourke Street, Melbourne and 17 Brunswick Road, Mitcham.

Check training times at www.groundzero.com.au

For more information call Rob Williams on 0421 729 868.

Ground Zero Instructor – Rob Williams
National and International Champion

Note: One pass per person. Pass can only be used once.